



THE UNIVERSITY OF GEORGIA
COOPERATIVE EXTENSION
College of Agricultural and Environmental Sciences & Family and Consumer Sciences



Georgia 4-H Base Programming

Georgia 4-H Summer Camping Wilderness Challenge Camp

Description of Learning Experience:

Georgia's 4-H summer camping program, administered through the county offices of University of Georgia Cooperative Extension, offers a 4-H summer camping experience unparalleled in the nation. Enthusiastic and well-trained camp counselors, Extension employees, certified volunteers and teen leaders work together to provide campers with unforgettable memories to last a lifetime.

As the name suggests, Wilderness Challenge Camp offers middle school and younger high school 4-H'ers the chance to challenge themselves in a series of demanding, yet closely and professionally supervised, outdoor activities including white-water rafting and caving. These trips combined with classes in survival skills, fishing, hiking, or mountain biking present nature and natural settings in new and exciting ways to campers.

Learning Outcomes:

- Develop self-confidence and experience self-discovery through physically challenging activities
- Promote individual responsibility as part of a successful collective effort
- Cultivate curiosity about and develop awareness, knowledge and appreciation of Georgia's mountain environment
- Develop appreciation for the local and natural history of Georgia's mountains
- Develop positive relationships among students and adult leaders

Georgia Performance Standards:

Pending implementation of GPS in health and physical education and character education, we offer these examples of QCC standards in these two areas relevant to the summer camp setting:

Physical Education - 5.4, Physical Fitness; and, 5.10, Self-Management

Character Education - 5.12, Respect for Others; and, 5.14, Respect for Self

Essential Elements:

Primary: Independence and Belonging; Secondary: Generosity and Mastery

Mission Mandates:

Citizenship; Healthy Lifestyles; Science, Engineering and Technology

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4-H helps young people experience: An increased desire to make a difference in their communities - High levels of leadership, self esteem, public speaking, communication and planning skills - Improved School Performance - Motivation to help others - Overall improvement in civic identity and civic engagement.