

Georgia 4-H Fantastic 4-H'er Application

Name: Danielle Paulk County: Effingham

Address: removed for privacy City/Town: removed for privacy Zip: removed for privacy

Phone: removed for privacy Email: Removed for Privacy

Check one: Senior 4-H'er Junior 4-H'er

Age: 15 Grade: 10th School: Removed for Privacy

Please answer the following questions:

4-H Projects: Cloverleaf CPA and DPA Winner, Teen Leader, Coach; Cloverleaf Officer Training Participant and Teen Leader; 4H Officer (President 4 years, Reporter 2 years); Senior CPA Winner; participated in numerous

4-H Highlights: Senior DPA; Judging Cloverleaf CPA and assisting with Cloverleaf Officer Training; Monthly Club Meetings

How has your 4-H involvement helped you develop your:

- **Head:** Through 4-H demonstrations, I have been able to practice public speaking and performing arts. This has allowed me to expand my knowledge of various topics as well as make me more comfortable in front of a group. I feel this is important because in whatever career I pursue, these qualities will be important.
- **Heart:** As an officer in our 4-H club, I have had opportunities to lead and encourage others which has strengthened my leadership qualities and made me more effective in other areas as well. I have been able to already use these traits at home and in community and church settings.
- **Hands:** Through service learning projects, I have learned various ways to serve others. I have always enjoyed serving other people but have expanded my thoughts of ways to serve through my 4-H experiences. Through my church, we often serve others, but I did not realize the vastness of needs in my community until 4-H asked for our participation in meeting these needs.
- **Health:** 4-H encourages exercise, safety, and a healthy diet. This reinforcement is an encouragement to issues I already know but tend not to always practice. Having them brought to my attention regularly has helped me institute better overall health.

Favorite 4-H Memory or Activity: I truly enjoy each of our club meetings. Being homeschooled,
having a gathering of friends where we work and learn together is exciting. Our group allows me the
opportunity to grow and learn without being criticized and I have benefited in many areas through this.
I also very much enjoyed Senior DPA and am looking forward to State Congress this year!

What do you wish others knew about 4-H? I would love for students to understand that 4-H can
enhance your public speaking skills, leadership qualities, and help you learn to help others in your
community. I think students shy away from 4-H because they do not want to perform in front of others, but
the 4-H environment allows you to overcome any discomfort and strengthen your skills. I do not think young
people realize the importance of this before they enter the workforce.

After high school I plan to: I plan to go to college but am unsure of a major at this time. I also would
like to travel.

Nominated by: _____

Statement of support for 4-H'er: _____

*Attach a recent photograph

Return to:

CHERYL VARNADOE
EXTENSION 4-H SPECIALIST
STATE 4-H OFFICE, HOKE SMITH ANNEX, UGA
ATHENS, GA 30602

Email: cv4h@uga.edu

Fax: 706.542.4373

*Due weekly on Friday.