

# Our Changing World

2007 National 4-H Conference  
March 24-29, 2007

Sponsored by  
National 4-H Headquarters  
Families, 4-H and Nutrition  
Cooperative State Research, Education, and Extension Service  
United States Department of Agriculture

· NATIONAL 4-H ·  
HEADQUARTERS



## DELEGATE HANDBOOK



*Early Edition*  
*(to be updated again in March)*

# 2007 NATIONAL 4-H CONFERENCE DELEGATE HANDBOOK

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# WELCOME TO THE 2007 NATIONAL 4-H CONFERENCE

## ~ Our Changing World ~

*Welcome to the 2007 National 4-H Conference!* Nearly 400 youth and adult delegates are participating in a tradition that began in 1927. Known then as the “National 4-H Club Camp,” delegates slept in tents on the National Mall in front of the United States Department of Agriculture (USDA) Administration Building. Since its inception, the National 4-H Conference has engaged youth, Extension staff, and volunteer leaders in discussion and captured recommendations to inform 4-H Youth Development Programming.

***This year’s theme, “Our Changing World,” reflects the question, “As the world changes, how do we continue to enhance the 4-H Youth Development Program to ensure we are being socially significant and relevant to meet the needs of young people today?”***

The conference program is designed to build capacity among and provide a meaningful professional development experience for conference delegates. Many conference program components have “tool kits” associated with the activities for delegates to take home and reference when applying the lessons learned and connecting with communities back at home. In addition, the National 4-H Conference familiarizes youth with USDA, the home of National 4-H Headquarters.

As the sponsor for this conference, the National 4-H Headquarters—located within the Families, 4-H, and Nutrition unit at the USDA’s Cooperative State Research, Education, and Extension Service—is charged with sharing the recommendations that emerge from the conference with the Secretary of Agriculture, National Extension Program Leaders, and others who determine 4-H programs.

## DELEGATION REQUIREMENTS

Each land-grant institution (1862, 1890, and 1994 institutions) may send a delegation including youth, adult volunteers, and Extension professional staff, representatives from 4-H military programs, and the Children, Youth and Families at Risk (CYFAR) program. National 4-H Conference is a working conference and requires youth and adults who are focused and committed to preparing themselves for the conference, working during the conference, and applying newly acquired skills back in their communities.

Youth delegates must be **15 years old by January 1, 2007**. To serve as chaperones, adults must meet their state’s requirements for chaperoning and also be **at least 25 years old**.

National 4-H Headquarters, USDA suggests delegates’ have the following characteristics:

- Experience and involvement in local, county, area, and/or state developmental committees, advisory groups, councils, etc.;
- Commitment to work prior to the conference in collecting facts, ideas, etc. of local people regarding concerns of youth;
- Commitment to work following the conference to apply skills back home;
- Flexibility to meet changing situations and have growth potential and a curiosity about situations, people, and events;

- Concern about issues and involved in deciding to solve the problems and move forward with solutions; and
- Strong interpersonal skills.

## CONFERENCE WORK

### Pre-Conference Work

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The National 4-H Conference is a **working conference**, and the work begins before delegates arrive at the conference. The following questions are suggested to help delegates prepare themselves for discussions in the round table sessions. It is recommended that delegates focus on the last reporting year for which data is available. ***Delegates needing assistance may search the Internet or contact their delegation coordinator, county, and/or state 4-H program office.*** National 4-H Headquarters is not collecting responses; the goal is for delegates to arrive at the conference better informed about their 4-H program.

#### Your Local 4-H Program

- How many 4-H members are enrolled in your county? Your state?
- What is the age range for 4-H membership in your state?
- In what grade(s) are most 4-H members in your county? Your state?
- What is the gender mix among 4-H members in your state?
- What is the race/ethnicity mix among 4-H members in your state?
- Where do 4-H members in your state live? (What proportion lives in towns with less than 10,000 people? Towns and cities with 10,000 to 50,000 people? Suburbs of cities over 50,000? Cities of over 50,000?)
- How many adult volunteers support 4-H in your county? Your state?
- Who is your state 4-H military liaison? Are there military installations in your state that offer 4-H experiences?
- What are popular 4-H projects in your county? Your state?
- Where does money come from to operate the 4-H program in your county? Your state?
- What is the largest source of funding for 4-H in your county? State?

#### Overview of the 4-H Youth Development Program

- How many 4-H members are enrolled in the program nationwide?
- How many adult volunteers support 4-H nationally?
- What is the role of the land-grant university in 4-H?
- What is the role of the National 4-H Headquarters at USDA?
- What is the role of the National 4-H Council?
- What is the purpose of the National 4-H Conference?

### Delegates' 4-H Experiences and Ideas

- What is your favorite 4-H activity?
- What 4-H activity has benefited you most personally, and how?
- If you were given a \$10,000 opportunity grant to do something in 4-H, what would you do?

It is also recommended that delegates:

- Meet with the other delegates from their state in person, by teleconference, or online chat.
- Meet with past delegates from your state to discuss conference expectations and activities.
- Talk with 4-H and non-4-H youth, volunteers, and classmates to determine what issues are relevant to your community.
- Engage other delegates from your state in discussions about specific issues on which you would like to focus during congressional visits.

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## **Capitol Hill Day Preparation**

Here is your chance to really take a part in your government! Be a Voice of Youth! Capitol Hill Day at the National 4-H Conference is time for you to visit with your elected representatives in Congress and tell them about the 4-H program in your state. Each delegation is responsible for making the appointments to visit with their Senators and Representatives before coming to Washington, D.C.

Look for *Capitol Hill Tip Sheets* posted on the conference Web site, <http://4hconf.4-h.org/>. These include recommendations from past delegations regarding how to prepare for this important event. (See also "Conference Events" in the *Delegate Handbook* for practical information about getting around on Capitol Hill Day.)

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## **New Chaperone Information Calls and Delegate Orientation**

New chaperones are asked to sign-up for one of four daytime or evening calls (on a first-come, first-served basis) per the registration instructions sent to state delegation coordinators.

All chaperones are also asked to orient the youth delegates to the conference – via face-to-face meeting, conference call or online chat – to help delegates prepare for the conference.

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## **Volunteer Opportunities**

Volunteer opportunities will be available at on-site registration. For youth, this includes the variety show committee and workshop room host opportunities. Adults will be asked to volunteer for various roles, including bus captains, cruise chaperones, and more.

Each delegation is invited to submit one item for **door prizes**. This item should be something easily packed—such as a t-shirt, mug, lanyard, key chain, Frisbee, etc.—that represents the delegation. Door prizes are collected at on-site registration on March 24.

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## **Round Table Discussions and Town Hall Meeting**

The round table discussions at the National 4-H Conference provide an opportunity for delegates to discuss and formulate recommendations related to the 4-H Youth Development Program.

Youth delegates attend the round table sessions, which culminate in a dynamic Town Hall Meeting. Youth delegates are assigned to specific round tables and will work with their assigned group throughout the conference. Recommendations that emerge from these discussions are shared with the Secretary of Agriculture, national Extension Program Leaders, and others who determine 4-H programs.

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## Professional Development Workshops

Workshops offer all delegates a professional development opportunity and are designed to equip delegates with tools and skills to apply back home and get more connected in their communities.

### **Youth Delegate Workshops**

*Workshop descriptions, times, and locations will be inserted following the workshop proposal review process. See the "Call for Workshop Proposals" on the conference Web site, <http://4hconf.4-h.org>. Proposals, and notices from State 4-H Program Leaders, are due January 16, 2007.*

### **Adult Delegate Workshops**

*Adults have their own workshop track at the National 4-H Conference. Workshop descriptions, times, and locations will be inserted once the program components have been confirmed.*

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## Operations Committees

### **Variety Show Committee**

The Variety Show Committee provides an opportunity for delegates to get involved in conducting National 4-H Conference. As stated before, National 4-H Conference is a working conference, and this is an opportunity for delegates to take responsibility for some of its success. Delegates sign up for the Variety Show Committee during workshop sign-ups on March 24. The committee will have a planning meeting prior to the Opening Assembly on March 25.

#### ***Responsibilities:***

- organize and conduct variety show
- organize and conduct try-outs
- publicize variety show
- plan the variety show including performance order and theme
- serve as stage crew
- prepare scripts for the master of ceremonies

#### ***Interests/Qualifications:***

- stage/artistic interests or experience
- enjoy working with groups
- organization skills
- some creative ability

### **Youth Workshop Room Hosts**

Youth delegates will have an opportunity during on-site registration to sign up to be a workshop room host. They will meet for an orientation prior to the Opening Assembly on March 25. Duties include stopping by the Conference Headquarters Office to pick up biographies, certificates, and workshop evaluations for their workshops. Hosts will introduce the workshop facilitators, and at the end of the session, distribute and collect workshop evaluations.

### **Adult Operations Committees**

Chaperones may volunteer for a variety of volunteer opportunities, such as helping with nightly curfew walks, serving as a lead chaperone at special events, serving as bus captains, and more.

## **Post-Conference Work**

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Following the conference, delegates report activities they perform as a direct result of the conference to National 4-H Headquarters. For example, some states require their delegates to present what they experienced and learned at the conference with a larger group. Others will apply lessons learned in a workshop back home in their community. Others will carry on the service projects.

## **CONFERENCE EVENTS**

### **Pin Swap**

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The annual Pin Swap is intended as a “get acquainted” event. Youth delegates bring something like a pin or small object that represents their state/territory and exchange these items with other delegates. This is a great way for delegates to meet and learn about each other. Delegates bring about 300 pins (total) to swap with other youth delegates.

### **Sunday Morning Programming**

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Pre-conference programming will begin by 8:30 a.m. on Sunday, March 25, 2007.

The Code of Conduct requires participants to attend all conference events. Exceptions will be made for delegations, with chaperones, that wish to attend worship services and provide written itineraries and cell phone numbers to Conference Staff. Delegations choosing to attend worship services should plan to return to the Conference Center no later than 11 a.m.

### **Citizenship Excursions**

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New programming this year will provide opportunities for delegates to focus on citizenship on March 26. This exciting new feature will include structured opportunities for discussion and reflection while delegates engage in educational excursions in the Nation’s Capitol.

As planning continues, additional information will be made available. For now, be aware that the day’s agenda will involve movement off-site throughout the day as well as off-site dinner and/or entertainment. During the day, delegates will be traveling in assigned teams comprised of delegates from a mix of state delegations. Casual clothing rule the day, and closed walking shoes and appropriate weather/rain gear are essential. Delegates will also need a photo id. Meal and transportation costs will be covered.

### **Variety Show**

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The Variety Show is an opportunity for delegates to share their special talents with others. The Variety Show Committee may be searching for a talented youth to lead delegates in singing the national anthem at the USDA Assembly. Delegates may bring musical instruments, costumes, tapes, or other props necessary for a performance. A piano is available and will not be moved after it has been tuned. The Variety Show—including try-outs, rehearsal, and the show—is organized and produced by the Variety Show Committee. This is a night to relax, have fun, and enjoy the company of your fellow peers.

## Capitol Hill Day and the Clover Cruise

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It is important to remember you are representing 4-H on Capitol Hill and need to dress in business attire, which is also the appropriate attire for the Clover Cruise. Delegates are ***must*** either wear comfortable walking shoes or carry a comfortable pair with them as this a long day on your feet.

Capitol Hill Day begins with the breakfast at the Conference Center. Delegates will then load buses, by delegation, and travel to the USDA Assembly in one of the USDA buildings. Do not forget your photo id for access to USDA and Capitol buildings! Only those delegates officially registered with National 4-H Headquarters will be on the security clearance list to access the USDA building. Delegations can expect to be free to begin Capitol Hill visits beginning at 11 a.m. and will be on their own for lunch and Capitol visits.

Boarding for the Clover Cruise begins at 6 p.m., and delegations are responsible for getting to the pier on time or will need to make arrangements for getting delegates back to the Conference Center. *Don't miss the boat!* A walking map will be posted on the conference web site by early 2007. Once on board, delegates will enjoy a dinner and dance aboard the *Odyssey* as they sail down the Potomac River. Bus transportation will be provided back to the Conference Center at the end of the cruise.

## DELEGATE RESPONSIBILITIES

The youth and adult delegates represent their communities and states at this National Conference. Delegates have an important responsibility to represent themselves to the best of their abilities.

Youth and adults participate equally in all events scheduled for the National 4-H Conference and must arrive on time for all conference events.

- Delegates are responsible to the State Coordinator and others in charge of the National 4-H Conference.
- Chaperones serve in the role of coach, as well as team member to support the work of the team.
- Delegates are well versed on local, state, and national 4-H programs and are prepared to discuss various aspects of 4-H with members of Congress, donors, and other team members.
- Delegates should work with their county staff to contact their local media and prepare newsletter articles, radio, and television interviews before and/or after the National 4-H Conference.
- Each delegate accepts responsibility for his or her own actions.
- All delegates must complete the registration forms and sign the health and emergency contact form, code of conduct acceptance, and media release forms.
- Delegations should plan to have representation at as many different workshops as possible.
- Delegates must show respect and courtesy to ALL adult delegates and staff.

# CODE OF CONDUCT

As a participant in National 4-H Conference, delegates represent the 4-H program and 4-H members everywhere. Delegates' conduct affects the image of 4-H and the individual delegations.

It is the expectation of National 4-H Headquarters, USDA that all delegates participating in the National 4-H Conference follow the established Code of Conduct. If a state delegation imposes its own code of conduct, the delegate must follow both codes of conduct. Self discipline, coupled with consideration for others, will assure an enjoyable, comfortable, and safe experience for all. As a participant in the National 4-H Conference, delegates not only represent their individual local and state 4-H programs, but represent the 4-H Youth Development program and 4-H members everywhere.

## **Specific rules include, but may not necessarily be limited to, the following:**

- All participants are responsible for attending all scheduled activities during this event. Any unauthorized absence is not permitted. If you are not feeling well, notify your delegation chaperone immediately.
- All participants work cooperatively with other 4-H participants, youth, volunteer leaders, Cooperative Extension staff, presenters, and others in a courteous, respectful manner.
- All participants shall present themselves appropriately in dress, manners, conduct, appearance, language, and actions at all times. For example, behavior or language of a sexual nature is inappropriate and unacceptable. Profanity, foul or abusive language, inflammatory statements, derogatory comments, or physical altercations are unacceptable.
- Possession of sexually explicit materials is prohibited. In addition, computers may not be used to download, create, receive, forward, or transmit inappropriate, offensive, or sexually explicit communications.
- All participants shall show respect and courtesy for programs and speakers in progress by remaining for the entire program and show courtesy when taking flash photos during speeches and entertainment.
- Quiet hours and curfew are as follows. Beginning at 11 pm, all participants need to be quiet and either in their sleeping room or on their floor in their dorm near their sleeping room. Participants in hallways who are not quiet will be asked to return to their room. Curfew is at 11:45 pm – participants must be in their own room by 11:45 pm.
- Boys and girls may not be in the same sleeping room between 10 pm and 10 am. Between 10 am and 10 pm, the door must be fully ajar. National 4-H Headquarters representatives may revoke this privilege at any time. Chaperones are welcome to implement additional requirements per their state's code of conduct and/or at their discretion.
- All chaperones serve as chaperones for all youth delegates.
- Possession or use of alcoholic beverages or illegal drugs is prohibited. Smoking and the use of tobacco products are also prohibited at all times.
- All participants shall show respect for the property and facilities used during this event. This includes no lighting of candles inside the Conference Center. Delegates assume financial responsibility for any damages, theft, or misconduct they cause at any Conference-sponsored event.

Delegates who violate the code of conduct may be sent home early and will be responsible for paying any costs incurred for this transportation, or return all funds expended on behalf of their

involvement in this event. Delegates may not be eligible to participate in future activities of this sort, either at the national, state or local level.

Delegates help each other have a pleasant experience by including all participants in all activities. Live up to your highest expectations and return proud of whom you are and what you have done!

## GENERAL INFORMATION

### Safety Issues

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National 4-H Headquarters staff and your chaperones must know where delegates are at all times in case of an emergency. Youth and adults are expected to attend all conference activities. Youth delegates must obtain written permission from their chaperone if they need to leave the conference for any reason. Delegates need to ensure that National 4-H Headquarters staff members at the National 4-H Conference Headquarters Office receive the written permission. In addition, chaperones who need to leave the campus or conference events—for example, if they need to accompany an injured youth to the hospital—must notify National 4-H Headquarters staff as well as identify another eligible adult who will serve as chaperone for their youth delegates.

Keep room doors locked. The National 4-H Youth Conference Center cannot be responsible for the loss of personal property. A safe is available at the front desk of the J.C. Penny Building for delegate use.

### Emergency Procedures

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All team members should carry a copy of their *Health Information and Consent for Emergency Treatment Form* when they are away from the National 4-H Conference Center. Emergency services are available nearby at Suburban Hospital, 8600 Old Georgetown Rd., Bethesda, MD. If a delegate is taking prescription medication, bring an adequate supply, advise the state delegation coordinator and chaperone, and note the medicine and dosage on the health form. If you or someone with you is involved in an accident, immediately notify an adult. If it requires emergency personnel, immediately notify the National 4-H Youth Conference Center front desk in J.C. Penney Hall. They will need the exact location of the injured person, type of injury, and other necessary information. Then immediately notify Conference Headquarters.

#### **National 4-H Headquarters—2006 National 4-H Conference Office**

**Indiana Room, Kellogg Hall**

**On Site: Extension 14402**

**Off Site: 301-961-2800, extension 4402**

#### **Illness or Emergencies**

All youth delegates at conference are covered by event insurance. In case of illness or accident, delegates should immediately contact their on-site delegation coordinator or the Conference Headquarters Office.

**Non-life threatening:** For problems that are not life-threatening, but do require a physician: report to the National 4-H Headquarters Conference Office, front desk, or on-site delegation coordinator. The red phone in the J.C. Penney Lobby will call Barwood Cab, or you can dial 301-984-1900 direct from any phone. Tell the dispatcher you need to go to the Suburban Hospital Emergency

Room. Be sure to pick up an insurance form prior to departing the Center from the National 4-H Headquarters Conference Office. An incident report should also be filed with both National 4-H Headquarters staff and the front desk of the National 4-H Youth Conference Center.

**Severe accidents for emergencies:** Call or send someone to the front desk of the J.C. Penney Hall. Explain the emergency, location of the victim, and ask someone to help direct the emergency personnel and ambulance to the correct site. Accident and emergencies should be reported immediately to the Conference Headquarters located in the Indiana Room. A report must be filed with the front desk as soon as possible.

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## Communications during Conference

Participants may be contacted day and night at (301) 961-2800. Voice mail will be available in individual rooms.

The National 4-H Headquarters Conference Office will serve as the central calling point for program information during the Conference. The office is located in the Indiana Room in Kellogg Hall (301-961-2800, extension 4402).

Letters and packages should be addressed as follows:

Your name, (state), National 4-H Conference  
National 4-H Youth Conference Center  
7100 Connecticut Avenue  
Chevy Chase, MD 20815

## TRAVEL TIPS

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### Location, Directions, and Transportation

The National 4-H Headquarters, USDA, coordinates the National 4-H Conference on behalf of the Secretary of Agriculture. The conference is housed at the National 4-H Youth Conference Center—operated by our private partner, National 4-H Council. The Conference Center is at **7100 Connecticut Avenue, Chevy Chase, Maryland 20815**. Delegations are responsible for arranging and funding travel to/from the conference as well as Washington, DC, during *Capitol Hill Day*.

The Center is located just outside of Washington, DC, just inside the Capitol Beltway, and it can be reached by bus from the Friendship Heights Metro subway station. For directions to the Conference Center, visit the Center Web site at [http://www.4hcenter.org/contactus\\_directions.html](http://www.4hcenter.org/contactus_directions.html). Visit [www.wmata.com](http://www.wmata.com) for information about public transportation—including bus and metro fares, routes, and time tables.

For more information about the three local airports, visit the following Web sites:

- Ronald Reagan National Airport (DCA): <http://www.metwashairports.com/National/>
- Dulles International Airport (IAD): <http://www.metwashairports.com/Dulles/>
- Baltimore/Washington International Airport (BWI): <http://www.bwiairport.com>

Taxis and shuttles are available at each airport. The Conference Center uses Barwood Taxi service (301-984-1900) when visitors travel from the Center to other destinations. One of the most

economical options is Maryland Shuttle (1-800-230-0000 or 301-230-0000, <http://www.marylandshuttle.com>). *Estimated* rates to/from the airports and Conference Center are:

- Ronald Reagan National Airport (DCA): \$23 for 1 person, \$8 for each additional person
- Dulles International Airport (IAD): \$23 for 1 person, \$8 for each additional person
- Baltimore/Washington International Airport (BWI): \$27 for 1 person, \$10 for each additional person

Bus transportation will be provided for delegations to travel to/from Washington, DC, on Capitol Hill Day. As an additional planning resource, visit <http://www.aoc.gov> for information about visiting the U.S. Capitol.

- ✓ Chaperones are responsible for submitting detailed itineraries, with cell phone numbers, for *Capitol Hill Day* at registration on March 24, as well as itineraries for worship services should they elect to do so.

## PACKING TIPS/DRESS GUIDE

### Packing Tips

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1. Bring an all-weather coat or medium-weight coat and/or raincoat and umbrella. Washington weather is unpredictable at this time of year.
2. Plan your wardrobe in advance – mix and match outfits so you'll have what you need without over-packing.
3. BRING COMFORTABLE, WELL BROKEN-IN SHOES, particularly for *Citizenship Excursions and Capitol Hill Day*. Business attire is expected for Capitol Hill Day and is appropriate for the dinner/dance cruise. Delegates may wish to wear tennis shoes or other comfortable walking shoes and slip into dress shoes before appointments on Capitol Hill. Keep in mind that delegates will be carrying these items—along with any souvenirs purchased during the day—with them all day, and they need to pass through security screening at the USDA Assembly as well as on Capitol Hill throughout the day. Visit <http://www.aoc.gov> for prohibited items on Capitol Hill.
4. Bring a backpack or bag with you.

### Dress Guide

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Delegates represent their home states, counties, and communities when attending the National 4-H Conference and should plan to dress accordingly. The following is a guide for casual, business casual (or conference wear), and business attire for the 2007 National 4-H Conference.

#### **GENERAL GUIDELINES**

All clothing shall be neat, clean, acceptable in repair and appearance, and shall be worn within the bounds of decency and good taste as appropriate for 4-H events. Articles of clothing that display profanity, products or slogans that promote tobacco, alcohol, drugs, sex or in any other way distracting, are prohibited. Excessively tight clothing is prohibited. Items of clothing that expose bare midriffs, undergarments, or that are transparent (see-through) are prohibited.

**CASUAL** (for travel days, pin swap, evening entertainment):

Jeans, khakis, t-shirts, tennis shoes (does not include cutoffs or worn jeans with holes)

**BUSINESS CASUAL/CONFERENCE-WEAR** (assemblies, workshops, round table discussions, Town Hall Meeting):

Guys: Slacks, button downs or polo shirts without ties, dress shoes, boots (no athletic/tennis shoes)

Girls: Skirts or slacks with an appropriate blouse or shirt. Dress denim and khakis are appropriate (no athletic/tennis shoes)

**BUSINESS** (Capitol Hill Day—from USDA Assembly through Clover Cruise):

Guys: Dress slacks with a shirt and tie, jacket or sweater, leather shoes, boots (no athletic/tennis shoes)

Girls: Dresses, suits with skirts or dress slacks, blouses, leather shoes (no denim clothing or athletic shoes)

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## Packing Checklist

**Clothing:**

Use the guide above to plan casual, conference-wear, and business attire. Also remember pajamas, undergarments, nylons/socks, and shoes—especially comfortable walking shoes. Pack light as closet space is limited. Delegates may wish to pack additional hangars.

**Toiletries:**

toothbrush and toothpaste  
dental floss  
shampoo/conditioner  
hair spray/gel  
deodorant

cosmetics  
feminine items  
comb/brush  
shaving supplies  
hair dryer/curling iron

**Other:**

photo id for security (flights, federal buildings)  
flashlight  
notebook/pens/pencils  
money for snacks, souvenirs, photos  
delegate handbook  
trading items from your state for pin swap  
variety show accessories  
Congressional names and phone numbers  
stamps, addresses, phone numbers  
alarm clock, watch

camera (well-identified)  
prescription medication  
backpack, bag, and/or purse  
conference journal  
travel iron  
business, and casual or recreational shoes  
raincoat, umbrella  
scarves/ties and accessories  
e-mail address

**Cameras:** Delegates may want to bring a camera to conference. Please remember to use camera etiquette. **Also, make sure that your cameras are labeled.**

**Other Optional Items:** laptop (clearly labeled/identified); personal information cards (or business cards)

**Money for Personal Expenses:**

Delegations are on their own while traveling and during the day on *Capitol Hill Day*. Delegates may want to bring money for personal items, souvenirs, and snacks. Although beverage and snack breaks are provided at the Conference Center, delegates sometimes want to supplement meals/snacks with pizza and items from vending machines. Prices are high in the DC metro area. Meals can easily cost more than \$10 for lunch and higher for dinner—don't forget tips! Delegations will have an opportunity to sign up for and purchase state (delegation) photos at the conference; photos will be approximately \$9 each. Books by the keynote speaker will also be available for purchase. Finally, the National 4-H Center Campus Shop sells some basic toiletry items, souvenirs, and clothing. Information about nearby drugstores is available from the front desk in the Center lobby. Delegates need permission from their chaperone(s) before leaving campus, and delegations must inform National 4-H Headquarters, USDA staff if anyone plans to leave campus.

**DRAFT AT-A-GLANCE CONFERENCE AGENDA**

March 24-29, 2007

<p><b>Saturday, March 24</b></p>	<ul style="list-style-type: none"> <li>• Registration (3-7 pm), including volunteer sign-up opportunities</li> <li>• Room check-in (begins at 3 pm)</li> <li>• Delegation photos (sign up upon arrival)</li> <li>• Dinner (open 5:30-7:30 pm)</li> <li>• Ice-breakers/Pin Swap (beginning after 7 pm)</li> <li>• Chaperone Orientation Meeting (8:30-9:30 pm)</li> </ul>	<p><b>Tuesday, March 27</b></p>	<ul style="list-style-type: none"> <li>• Full day of conference programming, including the Town Hall Meeting</li> <li>• Variety Show in the evening</li> </ul>
<p><b>Sunday, March 25</b></p>	<ul style="list-style-type: none"> <li>• Breakfast (open 7 am)</li> <li>• Pre-conference programming (approx. 8:30 – 11 am)</li> <li>• Committee, flag-bearer meetings (mid-day)</li> <li>• Lunch (open 11:30 am – 12:30 pm)</li> <li>• Opening Assembly (1 pm)</li> <li>• Conference Programming through dinner</li> <li>• In-house evening entertainment</li> </ul>	<p><b>Wednesday, March 28</b></p>	<ul style="list-style-type: none"> <li>• Capitol Hill Day:             <ul style="list-style-type: none"> <li>○ Breakfast at the Conference Center,</li> <li>○ Transportation to USDA Assembly,</li> <li>○ Delegations on their own for Capitol Hill visits by 11 am,</li> <li>○ 6 pm boarding for the Clover Cruise-aboard <i>The Odyssey</i>,</li> <li>○ Transportation back to the Conference</li> <li>○ Closing event</li> </ul> </li> </ul>
<p><b>Monday, March 26</b></p>	<ul style="list-style-type: none"> <li>• Full day of conference programming (mostly off-site, and may include off-site dinner/entertainment)</li> </ul>	<p><b>Thursday, March 29</b></p>	<ul style="list-style-type: none"> <li>• Breakfast at the Conference Center (open 7-9 am)</li> <li>• Check-out (by 12 pm)</li> </ul>

# 2007 NATIONAL 4-H CONFERENCE PLANNING COMMITTEE

The National 4-H Conference Planning Committee includes youth and adults who are working together to make conference a memorable experience for all the delegates. The committee is supported in its efforts by the National 4-H Headquarters in Families, 4-H, and Nutrition of the Cooperative State Research, Education, and Extension Service of the USDA.

## Planning Committee Members

### **Youth**

Jessie Bullock, KS  
Amanda Downen, ID  
Michael Irvin, AZ  
Karissa Kopf, WI  
Heather Moseley, VA  
Rebekah Nortrup, IN  
Mike Razim, IL  
Stephanie Scharf, NE  
Jacob Stout, LA  
Brian Tinsman, DE  
Kimberly Renee Watson, MS  
Erica Wiley, SC  
Freeman York, OR

### **Adults**

Katie Daly, DE  
Brent Clark, WV  
Manola Erby, MS  
Jim Frapwell, CA  
Kendall Martin, IN

### **Youth Coordinator**

Ashlea Hull, OH

**Dr. Mary McPhail Gray**, *Deputy Administrator  
Families, 4-H, and Nutrition, CSREES, USDA*

## **Staff of the National 4-H Headquarters, CSREES, USDA**

**Dr. Cathann Kress**, *Director, Youth Development*

**Maria Arnold**, *Conference Coordinator*

Janice Clark  
Byron Garrett  
Chuck Graves  
Lisa Hampton

Bianca Johnson  
Jim Kahler  
Suzanne LeMenestrel  
Eddy Mentzer

Barbara Stone  
Tom Tate  
Nancy Valentine Harper  
Sherri K.B. Wright

## **4-H Partners**

National 4-H Headquarters, USDA, extends special thanks to:

- The staff of the National 4-H Council—our private partner—which operates the National 4-H Youth Conference Center; and
- Members of Collegiate 4-H for their leadership in areas of the conference program.

## **QUESTIONS ABOUT NATIONAL 4-H CONFERENCE?**

Conference Web Site: <http://4hconf.4-h.org/> Conference Phone Line: 202-401-5165  
Conference E-mail Address: [Natl4HConf@csrees.usda.gov](mailto:Natl4HConf@csrees.usda.gov)

## **QUESTIONS ABOUT 4-H?**

National 4-H Headquarters, USDA, Web Site: <http://www.national4h-headquarters.gov>  
4-H Portal Web Site: <http://www.4husa.org>

· NATIONAL 4-H ·  
HEADQUARTERS



***The mission of National 4-H Headquarters is to advance knowledge for agriculture, the environment, human health and well-being, and communities by creating opportunities for youth.***

We seek to promote positive youth development, facilitate learning, and engage youth in the work of the Land-Grant Universities and USDA to enhance their quality of life.

The educational foundation for our programs lies in:

- Science, Engineering, and Technology tied to agricultural and environmental issues;
- Healthy Lifestyles tied to human health and well-being; and
- Citizenship tied to the activities of people with institutions and government for the common good.

Our youth are expected to:

- Participate in learning communities;
- Determine goals for their own hands-on learning;
- Engage in significant leadership; and
- Perform community service.

Life skills are emphasized within the context of meaningful hands-on experiences which require some form of exhibition at their completion. Older youth members are expected to serve in leadership roles shaping the program for younger members.

***Historical Note:***

4-H Youth Development is an educational movement, which was created to help youth understand their dependence on nature's resources and to value the fullest development of hand, head, and heart. It originated in the early 1900s as a "four-square education" with its four main ideas including educational development, fellowship development, physical development, and moral development.