

**EGG PREPARATION DEMONSTRATION CONTEST SCORECARD**  
**100 Points Possible**

RECIPE NAME \_\_\_\_\_

CONTESTANT NUMBER \_\_\_\_\_

<u>SCORING FACTORS</u>	<u>MAX. SCORE</u> (100)	<u>JUDGE'S SCORE</u>
<b>I. <u>PROGRAM CONTENT</u> (35 points)</b>		
Introduction . . . . .	( 5)	_____
Visual impact: introduction sparks interest, importance established, purpose outlined.		_____
General Nutrition Information: . . . . .	(10)	_____
Accurate, complete, up-to-date, correct terminology: knowledge of nutrients in eggs, attention to balanced meals, health aspects, appropriate references.		
Knowledge of Eggs . . . . .	(10)	_____
Nutritional value, preparation and storage, functional properties in foods, grading and sizing, use in menu planning, appropriate references.		
Summary of Main Points . . . . .	( 5)	_____
Response to Judges' Questions . . . . .	( 5)	_____
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<b>II. <u>PRESENTATION &amp; SKILL</u> (35 points)</b>		
Appearance . . . . .	( 5)	_____
Neatly and appropriately dressed, hair neat and restrained, hands and nails cleaned, no distracting jewelry.		_____
Delivery . . . . .	(10)	_____
Voice projection, interpretation of information, confidence and speaking ease, avoidance of cliches, general effect on audience.		
Work Techniques . . . . .	(15)	_____
Acceptable food demonstration techniques and equipment, ease and efficiency in work, materials conveniently arranged, work sequence, table and work area clean and neat.		
Visuals . . . . .	( 5)	_____
Appropriate, neat, clean, visually appealing, easily read or seen.		
Contribute(s) to demonstration.		
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<b>III. <u>THE PRODUCT</u> (30 points)</b>		
Sensory Appeal . . . . .	(15)	_____
Appetizing appearance, aroma and flavor. Flavor that appeals to most people.		_____
Reasons for Selection . . . . .	( 5)	_____
Dish is selected for economy, convenience, nutrition, health aspects, family favorites for teen or other suitable reasons.		
Health Aspects . . . . .	( 5)	_____
Dish appropriate nutritionally for intended use; not exceptionally high in fat, calories, sodium.		
Recipe . . . . .	( 5)	_____
Correctly written, preparation time not excessive, ingredients available and economical, is appropriate for today's lifestyles.		
<b>TOTAL</b> . . . . .	<b>100</b>	_____